

⚙ DECEMBER CALENDAR UPDATE ⚙

Tuesdays, Dec. 15, 22, & 29: 10:00 am

ZOOM OTAGO EXERCISE WITH ANTONIA

- Antonia, our yoga instructor, is leading an Otago exercise practice designed for those who have Otago experience or experience with Strength and Balance Classes. These exercises are proven to prevent falls when practiced regularly.
- [Email](#) us or call 202-656-7322 for more information on Otago and to receive the Zoom link.

Thursday, Dec. 17: 3:00-4:30 pm

ARMCHAIR TRAVEL SERIES VIA ZOOM: South Africa with Doris Spruell

- Doris Spruell, ERCV volunteer, invites us: "Visit with me the beautiful and fascinating country of South Africa. Our first stop, the vibrant capital city of Johannesburg with its Apartheid Museum. Join me in the excitement of searching on safari for some of nature's most beautiful animals and learn of the beauty, culture, and history of the coastal city of Cape Town. Finally, get a "taste" of the great wines and excellent dining found in the charming wine country town of Franschhoek, South Africa."
- All are invited! Join us via [Zoom](#)
- If you need help with Zoom, call the office at 202-656-7322 or [email](#) us and we will be glad to help.



Fridays, Dec. 18 (no 25); Jan. 1: 3:00-4:00 pm

ZOOM CHAIR YOGA WITH ANTONIA

- Our long-running class is now online each Friday afternoon. Gentle yoga involves centering, stretching, and balancing poses done sitting in a chair or standing next to it. Wear loose clothing. You just need a chair and a device connected to the internet — the bigger the screen, the better.
- [Email](#) us or phone or text 202-656-7322 to receive reminders. Here is the Zoom link to join the class:
<https://us02web.zoom.us/j/85628785908?pwd=Ylp1VzZ5dzBDUFA1aFRWMkVmalpNZz09>

Mondays, Dec. 21 & 28: 9:00 am

ERCV MORNING WALKERS

- We will meet on the track at the Shepherd Field. Gates on both Jonquil & Kalmia are open, and there is currently plenty of parking on both streets, so you can do all your walking on the springy surface of the track. We walk the track in pairs, wearing masks – you choose the pace and distance; we usually walk and have conversation for about 30 minutes.
- Reservations are not necessary, but if you email us or call or text 202-656-7322, we can add you to the Sunday evening email reminder list or the Monday morning phone or text reminder.
- We are open to changing the day and the location (we could walk on the track inside old Walter Reed instead) if that would increase participation.

Mondays, Dec. 21 & 28: 4:00 pm (NOTE THE CHANGE OF DAY)

ERCV AFTERNOON WALKERS

- We will meet at the Learmonths' porch (1309 Floral St.) and will walk on the track inside Walter Reed. Other routes are possible, including on pavement or the dirt Valley Trail in Rock Creek Park. We will walk masked, in pairs.
- Reservations are not necessary, but [email](mailto:info@eastrockcreekvillage.org) or call 202-656-7322 if you would like reminder emails, or if you have questions.



Thursday, December 24: 3:00-4:30pm

ERCV OPEN HOUSE HOLIDAY PARTY VIA ZOOM

- Join members, volunteers, and friends of ERCV to celebrate the holiday season in a COVID-safe way via Zoom. Fix yourself a festive Christmas Eve drink and enjoy visiting with friends old and new. We will reminisce about favorite holiday traditions and share good cheer. If you have holiday photos from years gone by that you are willing to share, please email them to info@eastrockcreekvillage.org or call 202-656-7322 so we can arrange to scan a few of your favorite pictures.



Important information . . .

Department of Motor Vehicles documents still valid – All DC DMV documents with an expiration date on or after March 1, 2020, will remain valid until 45 days after the COVID-19 public health emergency concludes. Eligible documents include driver licenses, identification cards, vehicle registrations, inspections, ticket payments, and ticket adjudication responses. **Your license, registration, and inspection are still valid without penalty** until DC DMV reopens at full operating capacity. The official memo is posted [here](#) for the duration of its validity for law enforcement verification purposes. If you have any questions, please contact the District's Call

Center at 311 or 202-727-2200. For more information about DMV options during the pandemic, see the special supplement at the end of this Calendar Update. You can also find the information on our website [here](#).

CARES Act encourages gifts to nonprofits – The CARES Act, which was signed into law last spring, included a "partial above-the-line deduction" for charitable contributions. Recognizing that many nonprofits would be challenged by the economic crisis resulting from COVID-19 shutdowns, Congress included the provision to encourage middle-income taxpayers to support nonprofits organizations, like East Rock Creek Village. The law allows people who take the standard tax deduction — which is \$12,400 for single filers and \$24,800 for married-filing-jointly in 2020 — to claim a deduction of up to \$300 in donations to nonprofit organizations. Previously, only those who itemized their deductions were able to deduct their contributions.

During this pandemic year, ERCV is only asking for donations, not dues. If you are able, please show your support for East Rock Creek Village by making an [online donation](#) or mailing a check to ERCV 7707 13th Street, NW, Washington, DC 20012. Please call 202-656-7322 for assistance.



Calling all Volunteers!

We need more drivers and people who enjoy providing help with technology! For more information and to sign up for ERCV's updated COVID-safe Volunteer training, please email us at info@eastrockcreekvillage.org or call our office at 202-656-7322.



Events offered by our sister Villages . . .

Little Falls Village:

~ "Edison, Einstein, Ellington, and Ernst: The Many Faces of Genius," with Dr. Michael Geselowitz: Thursday, Dec. 17, 1:00-2:30 pm – For details and to register for this free event: www.littlefallsvillage.org/Genius. Log in by 12:45pm.

Palisades Village:

~ **Mindful Knitting** – If you're new to knitting or a bit rusty, email Roseanna at rschwamm@yahoo.com to set up a time to help you get started.

Capitol Hill Village:

~ **Caregivers' Support Group: every 1st & 3rd Tuesday via Zoom, 2:30-3:45 pm** – If you are interested in participating in the group, please email Phyllis Kramer directly at pfkramer38@gmail.com.

Foggy Bottom West End Village:

~ **America the Beautiful with Photographer Lynn Cates: Wednesday, Dec. 30, 4:00 pm** –
For details and to **register** for this free event, click [here](#).



Other community opportunities . . .

~ **American Sign Language, Beginning Level: Tuesdays & Thursdays, 12:00-1:00 pm on Zoom** –

Free class offered by the Center for Accessibility, DC Public Library. This will be a chance for Beginning Level signers to meet and practice conversing and learn some basic signing skills, up to 100 vocabulary words, and rules of grammar. Although focus is on beginners, everyone is welcome to join the class, regardless of skill level. We will be using Zoom conferencing platform. For details click [here](#). **Registration required:** click [here](#). You will receive an email confirmation with your own unique link that will enable you to join the sessions.

~ **Virtual Move to Music Thursdays: Thursdays, 2:00-3:00 pm** –

Offered by AroundTownDC, Move to Music is a gentle, full-body movement class that offers greater mobility, balance, and posture. Class incorporates smooth, rhythmic moves done to a mix of classical, jazz, and contemporary music. Good for all fitness levels. This class is intended for DC Residents age 60 plus. Free. For more details and to **register**, click [here](#). Once you have registered, you will be enrolled in the class each week.



DEPARTMENT OF MOTOR VEHICLES FUNCTIONS DURING THE PANDEMIC

(December 2020 edition – Our thanks to Susan Davis for compiling this information.)

Has your DC Driver's License expired? No appointments available at the DMV to renew it? What about your car's registration and emissions inspection sticker? Do you need a Disability Parking Placard? Don't you have to get a REAL ID very soon? And what about your Visitor Parking Permit or Residential Parking Permit?

The most important thing to know is that your driver's license, parking permit, and registration **are still valid**. They will not expire until after the COVID-19 emergency declaration is lifted and the DMV is operating at full capacity, probably in mid-2021. The deadline to obtain a REAL ID has been extended until October 2021. [Here is the link to the official DMV memo](#) explaining the Credential Extension. You are encouraged to print the memo and take it with you when travelling or using your Driver's License for ID.

This summary is aimed to assist you if you choose to renew your credentials with the DMV during the pandemic while the DMV is not operating at full capacity and visits to most DMV offices are

only by appointment. **Links to useful sites and printable documents are below.** If you don't have a printer or don't have internet access, please email info@eastrockcreekvillage.org or call 202-656-7322 any day between 8am and 8pm and we will be glad to review the process with you and print out forms for you and get them to you. You can also get assistance with issues by calling 311 and being patient.

Vehicle Registrations:

- You can renew your vehicle registration and residential parking permit online or by mail if your address has not changed.
- You may get a US Mail or email notice 60 days before your registration expires which will help you get started.
- Click here for how to renew your registration online or by mail: [Vehicle Registration Renewals](#).

Inspections:

- The inspection station at 1001 Half St SW is doing inspections on a first come, first served basis Tuesdays through Saturdays from 7am to 3pm.
- Senior citizens should request expedited services when they arrive in order to go to the head of the line. More information is at [inspection station](#).
- You can also go to the "self-serve" inspection kiosk at 300 Van Buren St NW, which is entered from southbound 3rd Street. (Note that the self-serve kiosk will only work if your car has had at least one previous inspection at the Half St. facility.) The payment for inspection is included in your registration fee.

Residential Parking/Visitor Parking Permits: If you live on a block which has parking restrictions, you should know that parking enforcement is very relaxed during the pandemic.

- You can renew your residential parking permit when you renew your car's registration.
- The 2020 Visitor Parking Permit will be good until sometime next year when a new permit process will begin.

Disabled Parking Placard: You can apply for or renew a Disabled Parking Permit Placard by mail or online.

- You will need to have a doctor's note stating that you have mobility difficulties.
- Here is where you can print out the application form including the doctor's note: [Disability Parking Placard Application](#).
- More information for completing the form, including a place to apply online by scanning in a completed paper application, begins at [Disability Parking Application Process](#).

Driver's License/REAL ID: In order to renew your driver's license and obtain a REAL ID, you need to visit a DMV office in person to submit your REAL ID documents to be copied and to complete an eye test. These visits are by appointment only.

- To make an appointment online click here: [DMV Appointments](#), or you can call 311. Most of the time there are no appointments available but if to go online or call 311 on Tuesdays at or after 3pm, new appointment times are released, and you can sign up.
- While you are waiting for your appointment you will need to print out and complete this application form: [Driver's License Application Form](#).

- If you are 70 or older you will need to have a doctor complete the doctor’s statement on the application AND ALSO have a medical doctor and an optician/ophthalmologist complete a separate medical/eye form which you can find here: [DMV Medical Requirements](#).
- To have the eye form completed you will probably have to go in person for an eye exam. You will need to collect forms to get your REAL ID card, including a valid passport or birth certificate, marriage certificate, Social Security card, and two proofs of address.
- There is a useful online questionnaire on the DMV site which can assist you in determining which documents you will need. You will find it in the middle of this page: [Document Verification Guide](#).
- There is a lot more information on the REAL ID documents on the DMV site. You will want to double-check all your documents before going to the DMV so you won’t have to make a second visit.

ERCV Can Help: Please feel free to email or call ERCV for assistance in dealing with the DMV (or any other government agency). We are glad to print out any forms and to help you find website locations. We have a volunteer who will help you at the inspection kiosk on request. The office email address is info@eastrockcreekvillage.org and the phone is 202-656-7322.

--Our thanks to Susan Davis for compiling this information.

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Our thanks to the DC Department of Aging and Community Living (DACL) and The Washington Home for their generous support.



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